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Parks, Recreation and Senior Citizen Advisory Committee

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Agency: City of National City- Boards & Commissions

Date: Oct. 17, 2024

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Summary

This meeting focused on the National City Fire Department presentation about the approval of having an AED device in every park for 24/7 use. Staff Reports about lighting maintenance, Senior programs, and recreation activities planned were also discussed. It was also mentioned the idea of having an informational booth for this board meeting in the Kimball Holiday.

Here's what you need to know

- Board members supported and approved the proposal of having AED devices in every park of National City.
- Board members voted in favor of postponing the presentation to the City council for the next meeting.
- Developing a Senior program called Knitting Together the Generations.

Immediate Actions

- Presentation by the Fire Department about AEDs: (Everyone supported and approved the proposal)
 - The implementation of ADE devices in public locations.
 - No votes were required, but everyone supported the proposal.
- Action Item #1 Presentation to City Council: (2 votes in favor to postpone it, no one else voted)
 - This presentation is meant to let the City Council know this board meeting wants to be taken into consideration and that whatever is discussed in the meeting is to be put into action.
 - The presentation was postponed to the next meeting.

Accessibility Issues

- N/A

Follow-Up Questions

- N/A

Notes

Meeting Call to Order:

- The meeting was called to order at **_4:03_** by **_Joseph Crawford_**.
- The agenda for this meeting may be viewed by clicking [here](#), while a video and/or audio recording of the meeting may be found by clicking [here](#) and [here](#), respectively.
 - **All timestamps below were taken from the audio recording.**

Commissioners, Councilmembers, or Committee Members in Attendance:

- *Title, Name, and in attendance or absent.*
- Board member **Joseph Crawford**: Present
- Board member **Alexander Fernandez**: Absent
- Board member **LaTonya Harris Croom**: Present
- Board member **Jesus Hizon**: Present
- Board member **Nora McMains**: Absent
- Board member **Daniel Perez**: Present
- Board member **Joanne Mcghee**: Present
- Board member **Reuben Felizardo**: Absent
- Board member **Victor Arreola**: Present (left at 30:00)

Staff Present:

- **Scott Robinson**, battalion chief and a paramedic at [National City Fire Department](#).
- **Jessica Robinson**, clinical educator, and data analyst for the National City Fire Department.

Non-Agenda Public Comments:

- There were no public comments.

Approval of Minutes of the Previous Meeting: (2:50)

- Approval of [minutes](#) from the meeting of Sep. 17, 2024.
- Board member Crawford, seconded by Board member Perez, made a motion to approve the agenda.
- No one else voted because they were not in the previous meeting.

Presentations: Proposal for installing AEDs in public locations by the National City Fire Department.

- Presentation by Scott Robinson and Jessica Robinson about the importance of having AEDs in public locations, how to use them, and how this can save many lives.
 - They were looking for a grant from the City of National City.
 - They plan to have one AED at every park in National City.
 - The main idea is that the citizens have access to AEDs 24/7.
 - Automated External Defibrillators.
 - The ones accessible in National City are found in locations owned by the city (libraries, fire station, City Hall), but are not accessible 24/7. **(6:10)**
 - This proposal supports the Chain of Survival which helps increase survivability. **(7:40)**
 - “A very simple device that is extremely easy to use. Children as young as four or five can put it on and turn on the button. Basically, you access the defibrillator, you open up, there's instructions, turn on, voice comes on and tells you exactly what to do. You can, you can adjust those, you can put 'em in different languages,” J. Robinson said. **(8:55)**
 - Implementing AEDs in public places will increase the survival percentage of cardiac arrest because people will take action at the moment instead of waiting for paramedics to arrive at the place.
 - “Cardiac arrest, out of hospital, there's about 450 to 500,000 every year. And that's not in hospitals. Of those, about 15 to 16% are actually in public places. So that's about 75 to 80,000 a year in the United States or out in public

- places,” S. Robinson said. **(5:23)**
- By approving this, National City would be the first city in San Diego County to have this resource. **(14:45)**
- [Regional Care Cooperative Partnership](#).
 - Has a grant writing program that offers assistance and finding nationwide grants.
 - Request the city to cover the program for getting grants.
- To access the device, once you call 911 they will provide a code to unlock the box where it is stored. **(19:05)**
- The price for each AED is around \$1500. **(19:57)**
 - Plus maintenance costs.
- “I feel very strongly that if after a five year we didn't get grant funding for it, the fire department would easily be able to bring that in totally,” S. Robinson said. **(39:50)**
- Public comments:
 - No public comments.
- Commission, Council, or Committee comments:
 - Board member Harris Croom: **(33:26)**
 - “I'm realizing that a lot of the children and the families don't even know that these things are available to them.”
 - Board member Harris Croom highlighted how parents are so busy working they don't put a big effort in teaching children about the resources available for them, or do something to present heart problems.
 - “The adults are so busy working that the kids aren't even able to get into these available programs. And so if we're able to bring the resources to them, the education to them where, wherever it may be, I think that would one help.”
 - Board member Mcghee: **(38:40)**
 - She expressed her support for the proposal.
 - “And to be honest, I mean, you know, the price tag is very, very minimal.”
- Commission, Council, or Committee action:
 - There was no voting for this item. Therefore, all of the board members supported the proposal.

Action Item #1: Presentation to City Council. (41:26)

- Presentation:
 - A presentation to address the city council for the validity of this committee was postponed.
 - Nov. 19, 2024.

- Public comments:
 - There were no public comments.
- Commission, Council, or Committee comments:
 - Board member Crawford:
 - “The presentation that we had to address the city council for validity of this committee because those of us that have been here, we see that we come together, but it doesn't have any impact on the city council.” **(41:41)**
- Commission, Council, or Committee action:
 - Joseph Crawford motioned in favor, seconded by Daniel Perez. **(43:26)**

Non-Action items: Kimball Holiday Booth (44:52)

- Get a booth for this committee at the [Kimball Holiday](#).
 - Let people know they have a voice in the community in parks, recreation, and senior services.
 - No vote until the next meeting in November.

Staff Report:

- Parks: **(1:20)**
 - Get maintenance in lights at Las Palmas field.
- Recreation: **(47:22)**
 - El Toyon Recreation Center has been enclosed.
 - Programs moved to [MLK Community Center](#).
 - Plans for the holiday (decorations and entertainment for the community).
 - The Kimball Holiday.
- Senior Programs: **(48:27)**
 - Developing a crocheting program.
 - Called Knitting Together the Generations.
 - Senior programming every Tuesday, Wednesday, and Thursday from 10 am to 12 pm.
 - [Senior Nutrition Program](#) Monday through Friday from 11:30 am to 12:30.

Board Members' Comments: (50:10)

- Board members introduced themselves.

Adjournment:

- **Joseph Crawford adjourned the meeting at 5:14 pm.**

If you believe anything in these notes is inaccurate, please email us at

documenters@inewssource.org with "Correction Request" in the subject line.